

《征服非洲最高峰-精彩相片分享》

洪孟陽醫師主講

古人說：『仁者樂山，智者樂水』，洪醫生六十一歲才開始變成仁者，爬上非洲最高的山峰，而爬上癮了：之前遊山玩水，大概也是他多種嗜好之一吧。他說：『The mountain Kilimanjaro is the tallest in Africa and the biggest lone standing volcano in the world at 19,340 feet. It starts with rain forest and ends up in arctic weather. Temperature changes from 90°F 100% humidity at the base to -10°F with Windchill factor at -30°F on the top. The good thing is that you do not need the technical climbing such as with ice ax and climbing ropes. Estimated 35,000-50,000 climbers a year apply for permits (about 100-150/day) and slightly more than half will make it to the top.』有他代我們爬山，我們可以坐享其成地欣賞他拍下的許多精彩相片而只做個智者，高山仰止，望梅止渴；若覺歲不我與也可讓賢於像他那樣三頭六臂的專家吧。機會難得，敬請踴躍參加！

時間：一月九日星期三

1/9/2019 Wed.

10:30 AM to 12:00 Noon

地點：台灣會館

Taiwanese American Center

4413 Fortran Court,

San Jose, CA 95134

心誠交響

Photo journey – Kilimanjaro hiking tour, Africa



Kevin Smith

洪孟陽醫師簡介

- Meng Horng, MD
- Graduate 1965 Kaohsiung Medical College
- Post graduate Ob/Gyn Mt Carmel Medical Center, Detroit
- Board Certified OB/Gyn, retired 2008.
- Chairman, Ob/Gyn department, President OSF Medical Center
- President McLean County Medical Society
- Hobby: Photography, Travel, International Bicycling trips, Hiking, Tennis.
- Climbing: Jade Mountain, Mt. Fuji, Mt St Helens, Mt Whitney, Mt. Kilimanjaro
- Presidents: Bloomington Rotary Club, Central Illinois Kodaroamers Camera Club
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I went to Kilimanjaro twice in 2001 and 2002, that was crazy enough to hike there 2 times in 2 years because I was not happy with my first trip because of the bad weather and did not have good pictures. So, my friend and I decide to hike it again before we even got home from the first trip. I have researched the mountain, route, weather, moon phase... for a year before we finally decided to go the second time. I'm very familiar with all routes and all camp/huts sites around the mountain enough to talk to guides and arrangers to ask for what I wanted to do. They were able to discuss with me in details so I had much better time setting up my plans.

The mountain Kilimanjaro is the tallest in Africa and the biggest lone standing volcano in the world at 19,340 feet. To hike that tall mountain, the longer it takes, the better the successful rate is. It increases from 45% to 90% between 5 to 9 days trip. It starts with rain forest and ends up in arctic weather. Temperature changes from 90°F 100% humidity at the base to -10°F with Windchill factor at -30°F on the top. The good thing is that you do not need the technical climbing such as with ice ax and climbing ropes. Estimated 35,000-50,000 climbers a year apply for permits (about 100-150/day) and slightly more than half will make it to the top. This program is primarily covering my second hike with good to bad weather and all my 8 teammates made it to the top. It also triggered and initiated my interest to climb mountains at age 61.

- By Meng Horng